

# A Killing Program

## MURDER BY MIND-WARP

What I am here calling the 'Cancer Cartel' is not a conspiracy of international business though we who investigate are encouraged to see it that way. If that were the extent of it, humans would not allow it to happen. Greed is not the limit of human endeavour and until we see that causing mass death and suffering in pursuit of money is not the extent of our intellect, then we will continue to be controlled, deceived, and abused as animals.

To understand that international business (generally called commerce) is an arm of International Government requires all the resources of this site to explain. It has to be exposed and explained bit by bit otherwise the enormity of it is beyond our misled comprehension. It is like the story of the blind men and the elephant; in that story one touched the leg and thought an elephant was like a tree; another touched the trunk and thought it was like a snake; another touched the ear and thought it like a leaf.

So they argued and each thought the others stupid. It's now like that with our culture: some feel the financial system and say our culture is usurious; some feel the health system and say it is organized for wealth; others feel politics and say it is dictatorship disguised as democracy. So the general public, blind to the entirety of what is being exposed, think all protesters are simpletons.

We have to understand that in seeking to know human culture we are feeling a very large animal and it will take some time to understand that we must get all pieces in proper order and perspective before we comprehend enough to bring all to unity of the complete creature.

For votes or for lives corruption thrives: millions of lives for millions of dollars; we hear acclaim of it but don't see the shame of it. We reach depths of cultural corruption never previously attained in the length of what we may call our history.

So here we look again at health in our culture. This article is easy reading and those of mature age who have concern and have read the "Your Life" essay, though not qualified in health matters, will understand it sufficient to see a corruption of rationality. But full acceptance of this may take time. We also find more resistance to extreme social corruption in Europe where such has been more recently experienced. Now let's hear from:

**Mike Adams.** Mike is a natural health researcher and author with a strong interest in personal health; the environment and the power of nature to help us all heal! Author of over 1,500 articles and dozens of reports, guides and interviews on natural health topics reaching millions of readers with information that is saving lives and improving personal health around the world. Adams is an independent journalist with strong ethics who does not get paid to write articles for any product or company. In 2007, Adams launched EcoLEDs, a maker of super bright LED light bulbs that are 1000% more energy efficient than incandescent lights.

He launched an online retailer of environmentally-friendly products ([BetterLifeGoods.com](http://BetterLifeGoods.com)) and uses a portion of its profits to help fund non-profit endeavors. He's also a noted pioneer in the email marketing software industry, having been the first to launch an HTML email newsletter technology that has grown to become a standard in the industry.

Adams is currently the executive director of the Consumer Wellness Center, a 501(c)3 non-profit, and pursues hobbies such as Pilates, Capoeira, nature macrophotography and organic gardening. Known by his callsign, the 'Health Ranger,' Adams posts his missions statements, health statistics and health photos at [www.HealthRanger.org](http://www.HealthRanger.org)

**Quote:** *Exciting new research conducted at the Creighton University School of Medicine in Nebraska has revealed that supplementing with vitamin D and calcium can reduce your risk of cancer by an astonishing 77 percent. This includes breast cancer, colon cancer, skin cancer and other forms of cancer. This research provides strong new evidence that vitamin D is the single most effective medicine against cancer, far outpacing the benefits of any cancer drug known to modern science.*

*The study involved 1,179 healthy women from rural Nebraska. One group was given calcium (around 1500 mg daily) and vitamin D (1100 IU daily) while another group was given placebo.*

*Over four year, the group receiving the calcium and vitamin D supplements showed a 60 percent decrease in cancers. Considering just the last three years of the study reveals an impressive 77 percent reduction in cancer due to supplementation. (The full press release of this study is included below.*

Note that these astonishing effects were achieved on what many nutritionists consider to be **a low dose of vitamin D**.

Exposure to sunlight, which creates even more vitamin D in the body, was not tested or considered, and the quality of the [calcium supplements](#) was likely not as high as it could have been (it was probably calcium carbonate and not high-grade calcium malate, aspartate or similar forms). What does all this mean? It means that if you take high-quality calcium supplements and get lots of natural [sunlight exposure](#) or take premium vitamin D supplements (such as those made from fish oil), **you could easily have a greater reduction than the 77 percent reduction recorded in this study.**

### **[The American Cancer Society](#) opposes vitamin D.**

This research on vitamin D is such good news that the American Cancer Society, of course, had to say something against it. An [ACS](#) spokesperson, Marji McCullough, strategic director of nutritional epidemiology for the American Cancer Society, flatly stated that nobody should take supplements to prevent cancer.

If it seems surprising to you that the American Cancer Society -- which claims to be against cancer -- would dissuade people from taking supplements that slash their [cancer risk](#) by 77 percent, then you don't know much about [the ACS](#). In my opinion, the ACS is an organization that actually prevents prevention and openly supports the continuation of cancer as a way to boost its power and profits. The ACS is the wealthiest non-profit in [America](#) and has very close ties to [pharmaceutical companies](#), mammography equipment companies and other [corporations](#) that profit from cancer. Notice the name, too: It isn't the American Anti-Cancer Society, it's the American Cancer Society! What they really stand for is right in the name!

[Click here to read more about the ACS](#) and its financial ties to chemical companies, pharmaceutical companies and radiology equipment manufacturers.

The [cancer industry](#) is a multi-billion dollar industry, and I've written extensively about the criminal organizations that protect and promote the industry. Just about everything the public is told about cancer by these cancer institutions is a lie. Those "race for the cure" cancer walks are a complete scam (they really aren't searching for any way to prevent cancer or cure cancer, they're only searching for new patented drugs to profit from cancer).

This research on vitamin D is a huge threat to the cancer industry profit mongers because **it reveals a**

**way to prevent cancer for free** -- by seeking natural sunlight exposure and letting your skin manufacture your own powerful anti-cancer medicine (vitamin D). The idea that the cancer industry could lose 80% of its patients due to widespread education about vitamin D and sunlight **scares the living daylights out of the cancer industry**. Billions of dollars in cancer profits are at stake here, so the pro-cancer groups have to do everything they can to discredit vitamin D by creating doubt and confusion. The degree of dishonesty at work here is almost unbelievable to those who don't really know what's happening in the cancer industry.

Ten questions to ask yourself about the cancer industry: Consider these questions:

#1: Why does the cancer industry refuse to educate people about [cancer prevention](#)?

#2: If people keep donating money for the "search" for a cancer cure, why won't [drug companies](#) pledge to "open source" their patents on [cancer drugs](#) to benefit the people whose donations funded them in the first place? In other words, why do people donate money for cancer research but then get charged for cancer drugs?

#3: Why does the entire cancer industry so strongly dissuade people from using sunlight exposure to dramatically reduce their cancer risk? (Hint: Follow the money to the [sunscreen](#) industry...)

#4: Why have all the really good cancer supplements, clinics and naturopaths been banned, arrested or run out of the country? (Look up the FDA's oppression of Lane Labs over MGN-3 for a fascinating review of this...)

#5: The U.S. has poured billions of dollars into the cancer industry over the last three decades. Cancer cures were promised in the 1970's. Why are [cancer rates](#) still much the same today as they were in the 1970's?

#6: Why does the cancer industry continue to use [chemotherapy](#), radiation and other toxic procedures to "kill tumors" when the latest science clearly shows that cancer tumors are only the symptoms, not the cause, of cancer? Chemotherapy destroys immune function and causes permanent damage to the heart, brain and liver...

#7: The World Health Organization says that 70% of all cancers are easily preventable through dietary and lifestyle changes. This latest research shows that sunlight and low-cost calcium supplements can slash cancer risk by 77% in women. Why won't [conventional](#)

[medicine](#) embrace this low-cost, safe and highly effective method for [preventing cancer](#)?

**#8:** The cancer industry routinely attacks anti-cancer herbs, [superfoods](#) and supplements. Why is the cancer industry opposed to anti-cancer [nutrition](#)? Why does it believe that only man, not nature, can manufacture anti-cancer medicines?

**#9:** Dark skin pigmentation blocks ultraviolet radiation, meaning that people with black skin need far more time under the sun to generate the same amount of vitamin D as someone with white skin. Not surprisingly, black women suffer extremely high rates of [breast cancer](#) while black men show similarly high levels of prostate cancer. The white-dominated medical industry pretends to be "mystified" by all this.

Why won't conventional medicine simply tell black people the truth about vitamin D, skin pigmentation and cancer? Why do [oncologists](#) try to keep black people ignorant about their vitamin D deficiencies?

**#10:** Why is it illegal for nutritional supplement manufacturers to tell the truth about the anti-cancer effects of their products? Broccoli, garlic, onions and sprouts all have powerful anti-cancer effects, as do dozens of [rainforest](#) herbs (Cat's Claw, for example), Chinese [herbs](#) and Western herbs. But [the FDA](#) threatens and censors any company that dares to mention cancer prevention on its supplement products.

**Why is the FDA enforcing a policy of nutritional ignorance with U.S. consumers?** Why does the federal government want people to remain ignorant of methods for preventing or treating cancer? [Answer: Read my lips! Ed.]

You probably already know the answer to all these questions, because the answer is the same for each one: **Corporate profits**. Cancer is hugely profitable to treat. Substantially preventing cancer would result in a loss of billions of dollars in profits for the oncologists, drug companies, hospitals and clinics that currently prey upon the finances of cancer victims.

The cancer industry is operated like a criminal racket, using false information, intimidation, political pressure and propaganda to protect its power base and keep its corporations profitable. And that, my friends, is exactly why the industry is against the use of sunlight to prevent cancer. Free medicine from the sky?

The very thought of it makes the cancer industry cringe. Sunlight doesn't even need a prescription, you see, and it can't be patented, either.

### **Preventing cancer the healthy way!**

Let me tell you how I prevent cancer. I take long walks in the desert with no shirt on, and I don't wear sunscreen. I soak up the sun's rays for many hours each week, and I never get a sun burn because I eat lots of antioxidant-rich superfoods, berries and [fresh produce](#).

I drink a raw [superfood](#) smoothie each morning, made of fresh produce and superfoods. My two favorite recipes are chocolate (with raw cacao, coconut oil or macadamia nut oil, raw avocado, spirulina, quinoa, banana and almond milk); and super berry (fresh [berries](#), freeze-dried berries, egg white protein, stevia, aloe vera gel, fresh cucumber or watermelon, celery).

I put no personal care products on my skin whatsoever: No deodorants, no fragrance, no skin creams, no cosmetics and no sunscreen. This alone saves me from exposure to hundreds of cancer-causing [toxic chemicals](#) added to personal care products. I refuse to use chemical [laundry detergent](#) and, instead, use natural laundry soap that grows on trees: [Natural soap berries that we sell as a replacement for chemical laundry detergents](#).

**Corporate-controlled .. government** doesn't want to prevent cancer. The ... government doesn't want the population to be free of cancer. That's a strong statement, so let me offer you an undeniable piece of strong evidence to back that up: The artificially low [RDA](#) numbers for vitamin D.

**One of the best ways to keep the population suffering from cancer is to enforce long-term nutritional deficiencies that lead to cancer.** The US government accomplishes this by keeping the recommendations for vitamin D artificially low, practically guaranteeing that anyone who follows the recommendations will eventually be diagnosed with cancer. [Vitamin D](#) deficiency is the leading cause of breast cancer.

Most educated nutritionists agree that the daily dose of vitamin D for an adult should be at least 1000 IUs, perhaps as high as 1400. **But the U.S. Institute of Medicine (IoM)**, which controls the recommendations on these things, currently states that adults under 50 only need 200 IUs of vitamin D a day. This policy is, in my opinion, **an organized conspiracy to keep the American people diseased by making sure they stay deficient in anti-cancer nutrients.**

It serves the interests of all the powerful corporations and non-profits that run Washington. And yes, it is a conspiracy. I've documented it in far more detail in my book, [Natural Health Solutions and the Conspiracy to](#)

[Keep You From Knowing About Them](#), which reveals shocking details, documents and photographs showing how modern medicine is a system that's literally designed to keep the people in a state of chronic disease.

*The FDA doesn't want people to prevent cancer either. That's why they've aggressively attacked companies offering anti-cancer nutrients, and completely censored the very mention of the word "cancer" by supplement companies. In fact, the only reason I can print the information you're reading right now is because I sell no food or supplements and my free speech writing is not regulated by the FDA. If I were selling supplements and writing these same words you're reading right now, I would be arrested, charged with federal crimes, and put out of business by state and federal authorities. That's the reality of the oppressive medical environment under which we live today: **Health is outlawed**, and only disease is allowed to be promoted.*

[Ed: I agree (man was made to live under the sun) but I caution those used to living in the shade to make changes gradually. Even a plant can be killed by a sudden move from shade to sun. I try to eat sensibly and make sure to get some good anti-cancer food such as natural Apricot seed kernels; I have to be careful here because where I live their sale and consumption was made illegal when they were promoted as a cancer cure. Note also that commercial apricots are now hybrid or genetically modified.

Political action was taken because political advisers (servants of Globalist governance) claim that apricot kernels contain a deadly poison; this is true. It is also true that everything the human body needs for life is deadly in the wrong quantity, in the wrong form or in the wrong mixture.

This poison, as you will hear if you play the vocal provided later, is not in a form accessible to the healthy body cells but is deadly to cancer cells. People of some cultures consider these kernels delicious and eat large quantities, they don't get cancers and they don't get poisoned either!

This crime of deceit can happen because we elect stool-pigeons chosen by vested-interest parties; we vote in delusion that they work for our petty concerns. We let greed guide our trust, but Parties give blind obedience to the International cartel. Search for the big picture! Corruption does not spell conspiracy: This is [ideological war](#).

This war is seen in Australia (Book 4) where the leading vitamin and minerals company was destroyed

with no evidence of illegal or dangerous activity being shown. To add insult to injury, its stock of vitamins and minerals was destroyed as toxic waste.

No mass media exposed the shame of it; no politician defended our human rights. Today (14/8/08) that \$300 million public service was awarded \$55 million but the taxpayer pays both costs; the criminals who misused their power pay nothing.

The secret war is also revealed when 'our' governments make laws that make it illegal to discriminate against nations of enemy philosophy! This lets the killer cartels import foodstuffs below our set standards with merely token inspection.

I also study health within limits of my main work and my findings agree "health wise", with reports of other whistleblowers. Though Europe is entangled by Globalism its health services still offer better alternatives than the New World of America and Australia. This is war and protestors must unite to fill in and expose the whole picture if we are to win it. Ed.]

**Quote Continues:** *The cancer industry, you see, is not incompetent; it is criminal.*

***Intentionally keeping a population sick so that you can profit from disease is a crime against humanity. And yet this is business as usual in America's modern cancer industry.***

***Discrediting simple, free and safe cancer prevention strategies is also criminal, and yet this is what the American Cancer Society seems to do at every opportunity.***

***Plotting to profit from the suffering of other humans beings is evil. And yet the entire revenue base of the cancer industry is based on precisely that: Keeping people alive long enough to "treat" them with overpriced toxic chemicals that can be billed to Medicare at 50,000% mark-ups over their manufacturing cost.***

*Cancer is big, big business. And curing cancer is a threat to all the criminals participating in that industry: The non-profit employees, oncologists, doctors, federal regulators, drug company executives, med school propaganda teachers, pharmaceutical reps and many others. These people cannot allow cancer to be prevented or cured. Their jobs and careers are at stake.*

*Here's a startling statistic: Did you know that reducing the cancer death rate by just 1% would be*

worth almost \$500 billion to the U.S. economy over the next hundred years or so? (Source: Centers for Disease Control and Prevention) Drop the cancer rate by 10% and it's worth \$5 trillion dollars to the economy.

[Such gains due to increased productivity and life spans of working, contributing people.]

We know right now that vitamin D and calcium can slash cancer rates by 77 percent. Do the math on that, and you realize that **sunlight and calcium could result in a \$38.5 trillion boost to the U.S. economy over the next century.**

That's enough economic productivity to pay off our entire national debt, build new schools in every town and city in the country, provide free college educations to all young people who wish to go to college, invest billions in new energy technologies and even fund massive health education campaigns to keep our population healthy. \$38 trillion is a lot of money. With that kind of increased abundance, we could build a whole new society of health, wealth and education.

But guess what? The cancer industry won't let that happen without protest. There's too much short-term profit to be made in keeping everybody sick. The cancer industry is so evil that **it will sell out the future of life on earth in order to keep the truth hidden.**

The cancer industry doesn't want cancer rates to go down, regardless of the benefits to society or individual lives. The cancer industry wants there to be **MORE** cancer, which is exactly why it opposes commonsense prevention strategies that would reduce cancers. (It's true, this industry actually opposes removing cancer-causing chemicals from the workplace...)

Read more at Dr. Sam Epstein's website:

<http://www.preventcancer.com>

Cures for cancer exist all around us: Sunlight, rainforest herbs, anti-cancer foods and superfoods, etc. The causes of cancer are well known: Toxic chemicals in foods, cosmetics, personal care products, home cleaning products, and so on.

So why don't we, as a nation, take steps to outlaw the things that cause cancer while promoting the things that prevent cancer?

The reason, once again, is because there's too much money at stake here. The corporations are in charge, and as long as they're running the show, cancer cures or prevention strategies that really work will simply not be tolerated.

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**End Quotes from Mike Adams comment!**

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**[Note: Dangerously misleading health recommendations, whether of nutritional information, pollution by microwave or other need of health must be understood as mass murder and treated accordingly!**

**If you have difficulty understanding how humans could be so deliberately heartless; read my lips i.e. other files on [www.gniebxbbeing.org.uk](http://www.gniebxbbeing.org.uk) >**

The electors of democratic countries do not choose their representatives they vote for representatives chosen by vested interests.

The most primitive uneducated savage would laugh at our stupidity. Why? Because he is not mind-warped against the common sense logic he needs use to find and catch his food. But all the evidence and logic you need to save your life is on this site right now: 16/8/08. Another great site for learning more about the evils of the cancer industry is that of G. Edward Griffin.

[Click here to see his video documentary on vitamin B17](#) -- [click here for his website.](#)

Personally, I believe we could create a world virtually free of cancer and most other diseases. We could accomplish it in two generations by facing the truth of what is now going on and taking tough action to outlaw unhealthy products and lying promotions. Drug companies would lose trillions of dollars; hospitals would lose huge numbers of patients, and those who war against us for ownership of earth would become subject to law. We'd be incredibly healthy and better off in every way.

However before this can happen we will have to establish true democratic government and learn to live by human-truth rather than human-ism! So dear reader, having read this and other up-to-date attachments to this site, do you still believe natural humanity is destroying itself for money or is it self-destructing because some anti-life force has corrupted our thinking with false philosophy? If still not convinced keep reading. The beast is huge.

Let me remind you again of the book *How to fight Cancer and Win!* By William L. Fischer. But I now

hear of two new books and combined these should solve the cancer problem with a range of action to suit everyone outside the killer cartel. I don't have time to read either right now so I am putting my reputation on my judgment so as to report them in this writing.

Mexico has been known for some time for its anti-cancer medical services based of Vitamin B17, the substance that gives Apricot kernels their potency. I expect the book *Cancer Defeated*. by Frank Cousineau to give places and names for service along with a list of well-known patients and difficult cased cured. Example: quote: "*When they get cancer, millionaire celebrities from some of the most exclusive neighborhoods in America head south of the border for forbidden medical treatments. That's right. They go to Mexico for treatments banned in America.*"

*You probably know the names of some of these millionaires. ... Let me give you another example. In November of 1986, cosmetic tycoon Max Factor's son Donald came down with one of the deadliest, most aggressive forms of cancer. I'm talking about carcinoma of the lung that had already metastasized to his liver and spine.*

*At the time of the shocking diagnosis, Donald was 51 years old. He said, "I was told I only had six months to live. But 17 years later I'm still alive and kicking!" (He made that remark in 2003.) He credits his astounding recovery to the forbidden cancer treatments he received in Mexico. End quote.*

**Book 2: German Cancer Breakthrough** by Andrew Scholberg. Mentions several new procedures that sound very practical to me and appear to place Germany in the lead for cancer prevention and cure with alternative medical procedures. Again high profile clients are mentioned with very comfortable and moderately priced services.

Quote: *Yes, Germany's top cancer doctors have a long track record, proving that drastic surgery, burning radiation, and poisonous chemo are now out of date. They've developed a better way. ...*

*Incredible as it sounds, Germany's top cancer doctors literally "cook" cancer out of your body while you sleep — and you wake up without any bad side effects. Yes, you heard me right: no bad side effects. No hair loss, no vomiting, and no nausea*

*The German cancer cure is turning the worldwide medical community upside down! Patients whip their cancer in Germany and enjoy a new lease on life. They get to spend many more good, healthy years with their loved ones. They get to keep on doing what they*

*love: golf, tennis, hiking, boating, and even martial arts.*

*Yet the American medical establishment hides the amazing German cancer cure from you.*

*Hard to believe? Perhaps. But I'm not asking you to believe anything just yet. Keep reading and see the evidence for yourself. All I ask is that you refrain from disbelieving while I show you my proof.*

*In the next five minutes, I'll prove to you that Germany's cancer doctors really have made a breakthrough. Invest those few minutes and judge for yourself, because... It could save your life or the life of someone you love. During my tour of six German cancer clinics, I found out German doctors have leaped far ahead of American doctors.*

*While still in office, President Reagan got rid of his cancer the German way*

*When President Ronald Reagan got cancer during his presidency, the great German doctor Hans Nieper, M.D, treated him. It would have been front page news if it hadn't been hushed up at the time.*

*Just imagine if the American public knew a sitting president preferred German cancer treatments! I learned about it from my confidential source in Germany. In addition, Reagan's German doctor acknowledged it in an interview. End quote.*

These quotes show the power of death Cartels is with International Governance and human-ist (fake human) philosophy.

Both books are priced below \$20.00 US plus postage, but postage and time can be saved by Internet delivery from:

<http://www.germancancerbreakthrough.com/order.html>

**Now That Creighton Study Press Release itself.**

*OMAHA, Nebraska., June 8 -- Most Americans and others are not taking enough vitamin D, a fact that may put them at significant risk for developing cancer, according to a landmark study conducted by Creighton University School of Medicine.*

*The four-year, randomised study followed 1,179 healthy, postmenopausal women from rural eastern Nebraska.\* Participants taking calcium, as well as a quantity of vitamin D3 nearly three times the U.S. government's Recommended Daily Amount (RDA) for middle-age adults, showed a dramatic 60 percent or greater reduction in cancer risk than women who did not get the vitamin..*

The results of the study, conducted between 2000 and 2005, were reported in the June 8 online edition of the *American Journal of Clinical Nutrition*.

"The findings are very exciting. They confirm what a number of vitamin D proponents have suspected for some time but that, until now, have not been substantiated through clinical trial," said principal investigator Joan Lappe, Ph.D., R.N., Creighton professor of medicine and holder of the Criss/Beirne Endowed Chair in the School of Nursing. "Vitamin D is a critical tool in fighting cancer as well as many other diseases."

Other Creighton researchers involved in the study included Robert Recker, M.D.; Robert Heaney, M.D.; Dianne Travers-Gustafson, M.S.; and K. Michael Davies, Ph.D.

Research participants were all 55 years and older and free of known cancers for at least 10 years prior to entering the Creighton study. Subjects were randomly assigned to take daily dosages of 1,400-1,500 mg calcium plus 1,100 IU of vitamin D3, or placebos. National Institutes of Health funded the study.

Over the course of four years, women in the calcium/vitamin D3 group experienced a 60 percent decrease in their cancer risk than the group taking placebos. On the premise that some women entered the study with undiagnosed cancers, researchers then eliminated the first-year results and looked at the last three years of the study.

When they did that, the results became even more dramatic with the calcium/vitamin D3 group showing a startling 77 percent cancer-risk reduction. In the three-year analysis, there was no statistically significant difference in cancer incidence between participants taking placebos and those taking just calcium supplements. Through the course of the study, 50 participants developed non-skin cancers, including breast, colon, lung and other cancers.

Lappe said further studies are needed to determine whether the Creighton research results apply to other populations, including men, women of all ages, and different ethnic groups. While the study was open to all ethnic groups, all participants were Caucasian. There is a growing body of evidence that a higher intake of vitamin D may be helpful in the prevention and treatment of cancer, high blood pressure, fibromyalgia, diabetes mellitus, multiple sclerosis, and rheumatoid arthritis and other diseases.

Humans make their own vitamin D3 when they are exposed to sunlight. In fact, only 10-15 minutes a day

in a bright summer sun creates large amounts of the vitamin, Lappe said. However, people need to exercise caution since the sun's ultraviolet B rays also can cause skin cancer; sunscreen blocks most vitamin D production.

In addition, the latitude at which you live and your ancestry also influence your body's ability to convert sunlight into vitamin D. People with dark skin have more difficulty making the vitamin. Persons living at latitudes north of the 37th parallel -- Omaha is near the 41st parallel -- cannot get their vitamin D naturally during the winter months because of the sun's angle.

Experts generally agree that the RDA\*\* for vitamin D needs to be increased substantially, however there is debate about the amount. Supplements are available in two forms -- vitamin D2 and vitamin D3. Creighton researchers recommend vitamin D3, because it is more active and thus more effective in humans. ...

\* Study participants were randomly assigned to take daily dosages of 1,100 IU of vitamin D3 plus, 1,400-1,500 mg supplemental calcium or placebos. National Institutes of Health funded the study.

**Note: \*\* RDA recommendations for vitamin D** are 200 IU/d, birth-age 50; 400 IU/d, 50-70 years; and 600 IU/d, 70 years and older.

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**Don't miss the "Doomsday Report" and attachments.** On the Internet there are increasing reports of preparations to immunise against a new genetically engineered strain of virus. Those who want us to believe that Global Warming is a myth are the same people who have been planning population reduction. Their aim was to reduce population by nine tenths. But then G.W. reared its ugly head, something that they cannot control without giving up their power base! But can they control a killer virus? Once they produce a mutant strain will it mutate again and again to endanger those who produce it?

**For further information on the overall human situation see:**  
**[www.gniebxbeing.org.uk](http://www.gniebxbeing.org.uk) > Contents Page**